

7 Vital  
Nature  
Nourished  
Leadership  
Connections

WITH LISA MICHAELS

HOW TO ALIGN WITH THE  
NATURAL WORLD TO NOURISH  
YOUR LEADERSHIP, YOUR LIFE &  
YOUR BUSINESS GROWTH!





"Look deep into nature, and then you  
will understand everything better."

Albert Einstein

# Outer & Inner Relationship to Nature





"I'm not trying to imitate nature, I'm trying to  
find the principles she's using."

Buckminster Fuller



# How to Connect to Nature to...

- Discover the Principles of the Natural World
- Tap into Your Creative Inner Nature
- Receive Guidance and Insights
- Increase Your Sustainability
- Align with the Natural World to Nourish Your Leadership, Your Life, and Your Business Growth



# How to Connect to Spirit to...

- Enliven & Express Your Unique Essence
- Align with the Flow of Your Genius
- Deepen Your Life Purpose & Inner Gifts
- Craft the Mission & Values of Your Leadership, Life, or Enterprise
- Receive Guidance & Insights



# How to Connect to Earth to...

- Add Structure & Form to Your Life & Business
- Develop & Organize Next Steps Strategies
- Embody Learning, Skills, & Wisdom
- Physically Establish & Practice Business Processes
- Establish Calendar & Financial Systems



# How to Connect to Water to...

- Develop & Deepen Your Emotional Maturity
- Magnetize & Support Your Client Tribe
- Tap Into Greater Flow In Yourself & Your Teams
- Enhance All Relationships including Money
- Nourish & Rejuvenate Yourself & Your Business





# How to Connect to Air to...

- Expand, Clarify, & Establish Your Vision
- Craft Clear & Compelling Client Messages
- Honor the Creative Power of Thoughts & Words
- Authentically & Strategically Speak to Expand
- Be A Visionary for These Times



# How to Connect to Fire to...

- Turn Up Your Leadership Visibility & Be Seen
- Apply the Transformational Power of Action
- Light Up Your Radiant Brilliance to Stand Out
- Move Your Life & Business Forward
- Add Momentum to Heat Up Growth



# How to Connect to Rhythm to...

- Apply Quarterly/Seasonal Success Planning Strategies
- Honor the Cycle You Are In for Better Growth
- Align with Daily, Weekly, Quarterly, & Yearly Rhythms
- Set Business & Team Rhythmic Actions
- Know the Right Time to Plant, Grow, Harvest & Renew



"Nature does not hurry, yet everything  
is accomplished." Lao Tzu

LISA  Michaels

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- 1) NATURE
- 2) SPIRIT
- 3) EARTH
- 4) WATER
- 5) AIR
- 6) FIRE
- 7) RHYTHM



# Nourished & Resilient Leader

WITH LISA MICHAELS

[Lisa-Michaels.com](http://Lisa-Michaels.com)

